





# Kitchen Menu & Guide

## WINTER MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup Station</b>	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons
<b>Main Meal of the Day</b>	Vegetarian Bolognese and Spaghetti  Or Sausages with Mashed Potatoes, Roasted Onions and Gravy	  Marinated Chicken or Roasted Vegetable Pasta Bake	Roast Gammon with Roasted New Potatoes and Gravy  Or Vegetable Pasta Bake	Chicken Curry or Vegetable Curry served with Cucumber Raita,, Naan Bread and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes  Or Fish Rissole and Fish Fingers
<b>Sides</b>	Roasted Vegetables Fresh Mixed Salad Garlic Bread	Sweetcorn Fresh Mixed Salad Garlic Bread Wedges Cajun Rice	Cabbage Roasted Carrots Fresh Mixed Salad	Bombay Potatoes Sweetcorn Fresh Mixed Salad	Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
<b>Hot Grab &amp; Go</b>	Vegetarian Chilli Burrito	Ham & Cheese Flat Bread	 Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Beef Chilli Wrap	Meatball & Cheese Sub
<b>Pasta Kitchen</b>	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market ,Pasta Kitchen& Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))
	1 Apple Crumble & Vanilla Custard	Vanilla Shortbread	Ginger Muffin	Pineapple Upside Down Cake & Custard	Rice Pudding with Mixed Fruit, Jam



# Kitchen Menu & Guide

## WINTER MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup Station</b>	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons
<b>Main Meal of the Day</b>	Beef & Vegetable Pie  Or Cherry Tomato and Dill Quiche	  Chilli Beef or Mexican Vegetable Fajitas  served with Mexican Rice, or Soft Tortilla (served with sides below)	Roast Turkey with Roasted Potatoes and Gravy  Sweet Potato & Spinach Pie	Beef Curry and Rice or Vegetable Curry, served with Cucumber Raita, Mini Poppadum's and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes  Fish Rissolle and Fish Fingers
	<b>Sides</b>	Mushy Peas Creamed Potatoes Carrots Fresh Mixed Salad	Sweetcorn Fresh Mixed Salad Nachos with Cheese	Roasted Honeyed Carrots Savoy Cabbage Fresh Mixed Salad	Sweetcorn Relish Fresh Mixed Salad
<b>Hot Grab &amp; Go</b>	Fish Finger Baps	Bacon & Cheese Flat Bread		Spicy Chicken Wrap	
<b>Pasta Kitchen</b>	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)
	Chocolate Brownie	Apple and Fruit Crumble with Custard	Banoffee Pie	1 Peach Crumble with Custard	Chocolate Sponge with Chocolate Sauce

# Kitchen Menu & Guide

## WINTER MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup Station</b>	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons
<b>Main Meal of the Day</b>	Lasagne served with Garlic Bread Or Tomato and Mushroom Quiche	Hot Kickin Chicken Fillet Or Sheppardess Pie	Roast Chicken with Stuffing, Roasted Herby Potatoes and Gravy Or Chinese Mushroom and Black Bean Stir Fry with Egg Noodles	 Chicken Curry and Rice or Vegetable Curry served with Cucumber Raita, Naan Bread and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes  Or Fish Rissolle and Fish Fingers
<b>Sides</b>	Roasted Carrots Peas Fresh Mixed Salad	Hand Cut Wedges Seasonal Vegetables or Fresh Mixed Salad	Cauliflower Honey Roasted Carrots Fresh Mixed Salad		Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
<b>Hot Grab &amp; Go</b>	Vegetarian Chilli Burrito	Piri Piri Chicken Baguette		BBQ Sausage Wrap	
<b>Pasta Kitchen</b>	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)		Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)
	Treacle Sponge With Hot Custard	Mixed Summer Fruit Crumble with Custard	Carrot Cake	Apple Strudel with Custard	Chocolate Sponge with Chocolate Sauce