Learning Journey
Sport- SPA

Careers:
Physiotherapy
Sports media
Sports analysis
PE teacher
Sports coach
Sports management
Sports nutritionist
Sports psychology

Sheffield Park Academy
The best in everyone™
Part of United Learning

To have completed the BTEC course and have a passport of employability skills that can be utilised in all walks of life.

Continue your lifelong love of learning and personal development

YEAR 11

NC: Linked to Unit 2 KS4 BTEC Sport
Unit 7: Practical Sports Performance
Sit exams- attempt 2

NC: Linked to Unit 4 KS4 BTEC Sport
Unit 4: Professional Sports Leadership
Sit exams- attempt 1

Sit mock exam

NC: Linked to Unit 3 KS4 BTEC Sport
Unit 1: Anatomy and Physiology
Unit 2: Fitness testing
NC: Linked to Unit 1 KS4 BTEC Sport

Introduction to IV and expectations

VI

To understand how to Investigate training intensities

To understand how you perform fitness testing

NC: Unit 1 BTEC Sport
To investigate the fitness tests

To understand the training methods and how they are applied using the principles of training.

NC: Unit 1 BTEC Sport
To revise the components of fitness

Maintain routines and standards in PE

To be understand how to stay fit and healthy.

To complete unit 3 Learning Aim C

To complete unit 3 Learning Aim A

To complete unit 3 Learning Aim B

To have completed unit 2 of the BTEC course

To attend BTEC catch up to ensure unit is complete

NC: Unit 6 BTEC Sport
To develop leadership / independence within PE to be able to lead a warm up and a skill based activity.

NC: Unit 6 BTEC Sport
To be able to lead a small group of students during a warm up , skill and game
To compare and contrast leaders
Evaluate leadership performance

NC: Unit 2 BTEC Sport
To be able to set up and ref/ umpire specific sports
To have video footage of performing and ref/umpire in a desired sport

Core PE students

(all linked to KS4 ort)
nge of tactics and es to overcome nts in direct tion through d individual
o their technique rove their ance e their ances and trate ments.
e to take part in tive sports and s outside school

o be able to analyse erformance and give trengths and veaknesses

C: Unit 2 BTEC Sport
ocus on unit 1. xploring rules and egulations and skill evelopment

YEAR 10

Start your BTEC course one practical and one theory lesson

To continue to develop skill development in a number of sports

Maintain teams/clubs aiming to increase participation

Make GCSE/BTEC Sport option choices.

Further development of building transferable skills

Attend Options Evening for BTEC/GCSEs

Take part in a range of invasion games increasing skill development with a focus on tactical awareness.
NC: Unit 2 BTEC Sport

Introduction to building character – core values

Focus on skill development

Volunteer to help others

Engage in PE lessons to make new friendships

Start to develop transferable skills and highlight when you have used them during lesson

NC: Unit 3 BTEC Sport
To understand how to perform in sport safely.

To be able to lead a small group of students during a warm up
NC: Unit 6 BTEC Sport

Learn about SPA expectations and routines in PE

Actively seek out rewards using the extra curricular passport.

Take part in variety sports/ games focusing on skill development including components of fitness
NC: Unit 2 BTEC Sport

Compete in a team

Take part in a variety of fitness activities. Utilizing the components of fitness
NC: Unit 1 BTEC Sport

Take part in extra curricular activities including school trips.

Gain a basic awareness how to control your body

YEAR 8

Experience a range of new physical activities

Develop a thirst for physical activity

Apply for a place at SPA

Year 7

Primary

all linked to KS4 BTEC Sport)
a range of tactics and strategies to come opponents in direct competition gh team and individual games.
elop their technique and improve their rmance
yse their performances
part in competitive sports and activities de school

Take part in variety sports/ games focusing on skill development including components of fitness.

Compete in a team

Look at the extra curricular timetable and plan what activities you wish to take part in.

Visit SPA and visit the PE department and experience our induction days .

Develop a lifelong love of learning and curiosity about how our body can move through a variety of sports.

Compete in primary school events

Football, Rugby, Badminton, Athletics, Cricket, Rounders, Gymnastics, Trampolining, Dance, Hockey, Handball, Basketball, Tennis, Fitness (OAA)

KS4 NC: (all lin Sport)
-use a range of strategies to ov in direct compe team and indiv
-develop their improve their
-Evaluate their demonstrate in
-continue to ta competitive sp outside school

KS3 NC: (all lin Sport)
-use a range of strategies to ov in direct compe team and indiv
-develop their improve their
-analyse their
-take part in co and activities o